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Komunikasi Interpersonal Perawat dengan Lansia dalam Membangun Kedekatan di UPTD PSTW Nirvana Puri Samarinda

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**ABSTRAK**  
Tahapan perkembangan manusia di masa lansia merupakan tahapan krusial yang banyak dihadapi permasalahan dan membutuhkan seseorang dalam memberi bantuan fisik dan psikologisnya. UPTD PSTW Nirvana Puri Samarinda memiliki tugas pokok sebagai penyalur pelayanan kesejahteraan sosial bagi lansia dengan diantaranya, memberikan bimbingan fisik, spiritual, dan keterampilan. Kadaan tersebut dirumuskan pada sebuah pertanyaan penelitian: Bagaimana komunikasi interpersonal perawat dengan lansia dalam membangun kedekatan di UPTD PSTW Nirvana Puri Samarinda? Adapun tujuan penelitian ini untuk mengetahui bagaimana perawat melaksanakan penerapan komunikasi interpersonal dalam tahapan krusial tersebut. Dengan memperoleh informasi tersebut dapat membantu dalam mendukung Teori Penetrasi Sosial. Penelitian ini berjenis kualitatif dengan metode penelitian fenomenologi deskriptif dan teknik pengumpulan data menggunakan wawancara dan observasi. Informan pada penelitian ini merupakan perawat dan lansia UPTD PSTW Nirvana Puri. Untuk perawat dan lansia yang dipilih sebagai informan menggunakan metode *purposive*. Hasil penelitian menunjukkan perawat di UPTD PSTW Nirvana Puri Samarinda melakukan tahap orientasi dengan baik namun pada tahap pertukaran pengetahuan aktif, tahap pertukaran afektif, dan tahap pertukaran stabil masih ditemukan ketidakefektifan dikarenakan kurangnya aspek ketepatan dan aspek empati kepada lansia.

**Kata Kunci:** Komunikasi Interpersonal; Lansia; Perawat; Panti Werdha; Teori Penetrasi Sosial

**Interpersonal Communication between Nurses and Elderly in Building Closeness at UPTD PSTW Nirvana Puri Samarinda**

**ABSTRACT**  
The stages of human development in old age are crucial stages that are full of problems and require someone to look after their physical and psychological health. UPTD PSTW Nirvana Puri Samarinda has the main task of providing social welfare services for neglected elderly people who mostly shut themselves off from their surroundings. UPTD Tresna Werdha Puri Social Political Faculty East Kalimantan Province Social Services have the main task of providing social welfare services for the elderly by other things, providing physical, spiritual, and skill guidance. This situation is formulated in a research question: How does interpersonal communication between nurses and the elderly build closeness at UPTD PSTW Nirvana Puri Samarinda? The aim of this research is to find out how nurses implement interpersonal communication with the elderly and to find new strategies in building closeness with the elderly people. In solving this problem, this research uses the descriptive method. This research is of a qualitative type descriptive phenomenon methods and data collection techniques using interviews and observation. Informants in this study were nurses and elderly UPTD PSTW Nirvana Puri. For nurses and the elderly who were selected as informants using a purposive method. The results of the research showed that nurses at UPTD PSTW Nirvana Puri Samarinda carried out the orientation stage well, but in the affective exploratory exchange stage, affective exchange stage and stable exchange stage they were still found to be ineffective due to a lack of openness and empathy aspects towards the elderly.

**Keywords:** Interpersonal Communication; Elderly; Nurses; Nursing Home; Social Penetration Theory

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