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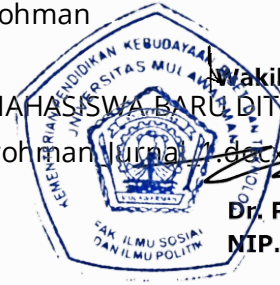
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**PENYESUAIAN DIRI MAHASISWA BARU DITINJAU DARI KECEMASAN AKADEMIK**  
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Article Info	ABSTRACT
<b>Article history:</b> Received dd/mm/yyyy Revised dd/mm/yyyy Accepted dd/mm/yyyy	<i>The aim of this study was to identify the effect of academic anxiety on self-adjustment of Mulawarman University students class of 2022. This study used a quantitative approach with purposive sampling and 253 students of Mulawarman University were chosen as the subjects. The method of collecting data was a likert type scale of each variables which were self-adjustment and academic anxiety. Simple linear regression was used as the data analysis technique. The result of simple linear regression test shows was used that the effect contribution value (R<sup>2</sup>) is 8.6, this indicates that there is an effect of academic anxiety on student's self-adjustment. The result of partial regression test shows that the most significant aspect of academic anxiety that has effect on self-adjustment are psychology, cognitive, somatic, and motor.</i>
<b>Keywords:</b> Self-Adjustment; Academic Anxiety	

**ABSTRAK**  
Penelitian ini bertujuan untuk mengetahui pengaruh kecemasan akademik terhadap penyesuaian diri pada mahasiswa Universitas Mulawarman angkatan 2022. Penelitian ini menggunakan pendekatan kuantitatif dengan subjek penelitian 253 mahasiswa Universitas Mulawarman yang dipilih menggunakan teknik purposive sampling. Metode pengumpulan data yang digunakan adalah skala tipe likert untuk variabel penyesuaian diri dan kecemasan akademik. Teknik analisa data yang digunakan adalah regresi linier sederhana. Hasil analisis regresi linier sederhana menunjukkan nilai kontribusi pengaruh (R<sup>2</sup>) sebesar 8.6. Hasil tersebut mengungkapkan bahwa terdapat pengaruh kecemasan akademik terhadap penyesuaian diri mahasiswa. Kemudian hasil uji regresi parsial menemukan hasil bahwa aspek dari kecemasan akademik yang memiliki pengaruh signifikan terhadap aspek penyesuaian diri yaitu psikologis, kognitif, somatik dan juga motorik.

**Kata kunci**  
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