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Hubungan Kontrol Diri dengan Perilaku Phubbing pada Mahasiswa di Samarinda

Diani Melisa Nur Fazriyah
Program Studi Psikologi, Fakultas Ilmu Sosial dan Ilmu Politik, Universitas Mulawarman
Email: dianimelisa@gmail.com

Artikel Info	ABSTRACT
Riwayat Artikel: Penyerahan dd/mm/yyyy Revisi dd/mm/yyyy Diterima dd/mm/yyyy	This study aimed to test the relationship between self-control and phubbing behavior of college students in Samarinda city. This study used quantitative approach involved 170 college students in Samarinda used purposive sampling with the respondent's criteria were college students who actively used smartphone with a duration of use for more than 6 hours. Data collection method used a Likert scale with the scale of self-control and phubbing behavior. The collected data were analyzed with the Kendall Tau correlation test. The results showed that there was a negative and significant relationship between self-control and phubbing behavior of college students in Samarinda city with the results $r = -0.308$ and $p = 0.000$. The college students who had a high level of self-control would had a low level of phubbing behavior.

ABSTRAK	Kata Kunci
Penelitian ini bertujuan untuk mengetahui hubungan kontrol diri dan perilaku phubbing pada mahasiswa di Samarinda. Penelitian ini menggunakan metode kuantitatif dengan subjek penelitian mahasiswa di Samarinda sebanyak 170 orang dengan menggunakan teknik purposive sampling dengan kriteria responden yaitu mahasiswa yang aktif menggunakan smartphone dengan durasi penggunaan selama lebih dari 6 jam. Pengumpulan data menggunakan skala kontrol diri dan skala perilaku phubbing. Analisis data menggunakan uji korelasi Kendall Tau. Hasil dari penelitian ini menunjukkan bahwa terdapat hubungan negatif dan cukup signifikan antara kontrol diri dengan perilaku phubbing pada mahasiswa di Samarinda dengan hasil nilai $r = -0.308$ dan $p = 0.000$. Artinya semakin tinggi kontrol diri maka akan semakin rendah perilaku phubbing pada mahasiswa di Samarinda.	Kontrol diri; Perilaku phubbing

Korespondensi:
Hairani Lubis, M.Psi, Psikolog
Program Studi Psikologi
Fakultas Ilmu Sosial dan Ilmu Politik
Universitas Mulawarman
Email: hairani.lubis@fisp.unmul.ac.id

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