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Con and	Psikoborneo Jurnal Ilmiah Psikologi Volume X No X   Month Year: Page	p-ISSN : 2477-2666 e-ISSN : 2477-2674
PSIKOBORNEO JURNAL ILMIAN PSIKOLOGI	DOI: 10.30872/psikoborneo	0.001114/7.1074
Ker	erdasan Adversitas: Bekal Fresh (	Graduate
	lawarman dalam Meningkatkan	
	Ainun Kardiani', Netty Dyan Prastika <sup>2</sup>	
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Article Info	ABSTRACT	
Article history:	Fresh graduates need to have good career adaptability to be able to	
Received	compete with challenges at work in the era of the industrial revolution 4.0.	
Revised Accepted	Adversity quotient is one of the abilities that can improve career adaptability. This study aims to determine the effect of adversity quotient on	
	career adaptability in fresh graduates from Mi	ulawarman University. The
Keywords:	approach used in this research is a quantitative	
Career Adaptability Adversity Quotient	research was 120 fresh graduates who had taken Mulawarman University and was selected using	
Adversity Quotient	technique. The data collection method used is t	he adversity quotient scale
	which refers to Stoltz's theory and career adaptability by Savickas and Porfeli. The analysis technique used in this research is simple regression. The	
	results of this study indicate that there is an effect between adversity	
	quotient on career adaptability with the contri 0.150. This then explains that adversity quotient	
	0.150. This then explains that adversity quotient of 15 percent on increasing the career adaptability	
	fresh graduates.	
Freedown do at a se	ABSTRAK erlu memiliki adaptabilitas karier yang baik untuk	Kata kunci Adaptabilitas Karier
	dapi tantangan pekerjaan di era revolusi industri	Kecerdasan Adversitas
4.0. Kecerdasan adversit	as merupakan salah satu kemampuan yang dapat	
	ilitas karier. Penelitian ini bertujuan untuk cerdasan adversitas terhadap adaptabilitas karier	
	ersitas Mulawarman. Pendekatan yang digunakan	
	h metode kuantitatif. Sampel pada penelitian ini graduate yang telah menempuh studi S1 di	
	dan dipilih dengan menggunakan teknik simple	
random sampling. Metod	le pengumpulan data yang digunakan adalah skala	
	ang mengacu pada teori Stoltz dan adaptabilitas n Porfeli. Teknik analisis yang digunakan pada	
	resi sederhana. Hasil penelitian ini menunjukkan	
	aruh antara kecerdasan adversitas terhadap	
	gan kontribusi pengaruh (R2) = 0.150. Hal ini sahwa kecerdasan adversitas dapat berkontribusi	
memberikan pengaruh	sebesar 15 persen terhadap peningkatan	
kemampuan adaptabilitas	s karier fresh graduate Universitas Mulawarman.	
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(ecerdasan Adversitas: Bek	al Fresh Graduate Universitas Mulawarman dalam Men	ingkatkan 1
Adaptabilitas Karier		

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