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**Pengaruh Citra Tubuh dan Dukungan Sosial terhadap Penerimaan Diri pada Remaja Perempuan Pengguna Media Sosial**  
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**ABSTRACT**  
This study aims to empirically examine either or not the impact of body image, and social support of the accepting self in Samarinda. There are 151 teenager who use social media in Samarinda which selected from purposive sampling technique. The measuring instrument used in this study uses a body image scale, a social support scale, and a self-acceptance scale. Data analysis technique using multiple regression statistical test. The results of the full model study show that there is an influence between body image, social support, on self-acceptance, namely the calculated  $F$  value =  $30.338 > F$  table = 3.96,  $R$  square = 0.29, and  $p = 0.000$ . In the results of the stepwise model regression test, it was found that there was a significant effect between body image and self-acceptance, namely, the value of beta ( $\beta$ ) = 0.199,  $t$  count = 2.612  $> t$  table = 1.976, and  $p = 0.010$ . Then on social support with self-acceptance showed a significant effect, namely, the value of beta ( $\beta$ ) = 0.424,  $t$  count 5.550,  $> t$  table = 1.976, and  $p = 0.000$ .

**ABSTRAK**  
Penelitian ini bertujuan untuk menguji secara empirik ada atau tidaknya pengaruh citra tubuh, dan dukungan sosial terhadap penerimaan diri di Kota Samarinda. Subjek penelitian ini adalah 151 orang remaja pengguna media sosial di Kota Samarinda yang dipilih melalui teknik purposive sampling. Alat ukur yang digunakan dalam penelitian ini menggunakan skala citra tubuh, skala dukungan sosial, dan skala penerimaan diri. Teknik analisa data menggunakan uji statistik regresi model berganda. Hasil penelitian model penuh menunjukkan terdapat pengaruh antara citra tubuh, dukungan sosial, terhadap penerimaan diri yaitu dengan nilai  $F$  hitung = 30.338  $> F$  tabel = 3.96,  $R$  square = 0.29, dan  $p = 0.000$ . Pada hasil uji regresi model bertahap didapatkan adanya pengaruh yang signifikan antara citra tubuh, dan penerimaan diri yaitu, dengan nilai beta ( $\beta$ ) = 0.199,  $t$  hitung = 2.612  $> t$  tabel = 1.976, dan  $p = 0.010$ . Kemudian pada dukungan sosial dengan penerimaan diri menunjukkan pengaruh yang signifikan, yaitu nilai beta ( $\beta$ ) = 0.424,  $t$  hitung 5.550,  $> t$  tabel = 1.976, dan  $p = 0.000$ .

**Kata kunci**  
Penerimaan diri, citra tubuh, dukungan sosial

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