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Pengaruh konformitas Teman Sebaya dan Kontrol Diri terhadap Perilaku Merokok Elektrik (Vape) Pada Remaja Di Samarinda

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<p>Article Info</p> <p>Article History: Received - September 2022 Revised - September 2022 Accepted - September 2022</p> <p>Keywords: Electronic smoking behavior, peer conformity, self-control</p>	<p>ABSTRACT</p> <p>This study aims to determine the effect of peer conformity and self-control on e-smoking (vape) behavior in adolescents in Samarinda. This study uses a quantitative approach. The subjects of this study were 150 teenagers in Samarinda who were selected through purposive sampling technique. The measuring instrument used in this study was the electronic smoking (vape) behavior scale, peer conformity scale, and self-control scale. The data analysis technique used multiple model regression statistical test. The results of the full model regression test showed that (1) there was an influence between peer conformity and self-control on the behavior of e-cigarettes (vape) with F count = 35.549 > F table = 3.046, R square = 0.258, and $p = 0.000$. In the results of the gradual model regression test, it was found that (2) there was a significant influence between peer conformity on e-smoking (vape) behavior, namely the value of beta (β) = 0.250, t count = 2.853 > t table = 1.976, and $p = 0.005$. Then on (3) self-control on the behavior of e-cigarette smoking (vape) shows there is a significant effect with the value of beta (β) = -0.320, t count = -3.654 > t table = 1.976, and $p = 0.000$.</p>
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<p>ABSTRAK</p> <p>Penelitian ini bertujuan untuk mengetahui pengaruh konformitas teman sebaya dan kontrol diri terhadap perilaku merokok elektrik (vape) pada remaja di Samarinda. Penelitian ini menggunakan pendekatan kuantitatif. Subjek penelitian ini adalah 150 orang remaja di Samarinda yang dipilih melalui teknik purposive sampling. Alat ukur yang digunakan dalam penelitian ini menggunakan skala perilaku merokok elektrik (vape), skala konformitas teman sebaya, dan skala kontrol diri. Teknik analisa data menggunakan uji statistika regresi model berganda. Hasil uji regresi model penuh menunjukkan (1) terdapat pengaruh antara konformitas teman sebaya dan kontrol diri terhadap perilaku merokok elektrik (vape) yaitu nilai beta (β) = 0,250, t hitung = 2,853 > t tabel = 1,976, dan $p = 0,005$. Kemudian (2) pada kontrol diri terhadap perilaku merokok elektrik (vape) menunjukkan terdapat pengaruh signifikan dengan nilai beta (β) = -0,320, t hitung = -3,654 > t tabel = 1,976, dan $p = 0,000$.</p>	<p>Kata kunci</p> <p>perilaku merokok elektrik (vape), konformitas teman sebaya, kontrol diri</p>
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1 Pengaruh konformitas teman sebaya dan kontrol diri terhadap perilaku merokok elektrik (vape) (Elis Darmayasary B.)