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Koping Berfokus Emosi dan Harapan terhadap Kesejahteraan Subjektif pada Remaja dengan Orangtua yang BerceraI

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Article Info	ABSTRACT
Article history: Received Sep 3, 2019 Revised May 17, 2020 Accepted June 28, 2020	Divorce has its own impact on adolescent. Adolescent reactions to parental divorce affect their inner well-being, how to deal with problems and affect the achievement of future targets. This study aims to empirically examine whether or not there is an effect of emotional di-focused coping and hope on the subjective well-being of adolescent with divorced parents in Samarinda City. The subjects of this study were 150 adolescents with divorce parents in the city of Samarinda selected using purposive sampling technique. The measuring instrument used in this study the Satisfaction with Life Scale (SWLS) and the Positive and Negative Affect Schedule (PANAS) to measure subjective well-being variables, the coping scale focused on emotions, and the Hope scale to measure the expectation variable. Data analysis technique using multiple model regression test resulted in calculated F value = 317.902 > F table = 3.09, adjust R square = 0.914, and p = 0.000. These result indicate that there is a significant influence between emotional focused coping and hope on the subjective well-being of adolescents with divorced parents in Samarinda City.
Keywords: Subjective well-being, Emotional focused coping, Hope	

ABSTRAK	Kata kunci
Perceraian memiliki dampak bagi anak remaja. Reaksi remaja atas perceraian memengaruhi kesejahteraan diri, cara mengatasi masalah dan pencapaian target masa depan. Penelitian ini bertujuan untuk menguji secara empirik ada atau tidaknya pengaruh koping berfokus emosi dan harapan terhadap kesejahteraan subjektif remaja dengan orangtua bercerai di Kota Samarinda. Subjek penelitian ini adalah 150 remaja dipilih menggunakan teknik purposive sampling. Alat ukur yang digunakan dalam penelitian ini Satisfaction with Life Scale (SWLS) dan Positive and Negative Affect Schedule (PANAS) untuk mengukur variabel kesejahteraan subjektif, skala koping berfokus emosi, dan skala harapan. Teknik analisa data menggunakan uji regresi model berganda menghasilkan nilai F hitung = 317.902 > F tabel = 3.09, adjust R square = 0.914, dan p = 0.000. Hasil tersebut menunjukkan terdapat pengaruh antara koping berfokus emosi dan harapan terhadap kesejahteraan subjektif pada remaja dengan orangtua bercerai di Kota Samarinda.	Kesejahteraan subjektif, koping berfokus emosi, harapan

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