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Hubungan Perilaku Prososial dengan Kesejahteraan Psikologis pada Relawan di Masa Pandemi Covid-19

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Article Info	ABSTRACT
Article history: Received dd/mm/yyyy Revised dd/mm/yyyy Accepted dd/mm/yyyy	This study aims to identify the relationship between prosocial behavior and psychological well-being among volunteers during the COVID-19 pandemic. This study used a quantitative approach. The subjects in this study were 102 volunteers who were active during the COVID-19 pandemic in Samarinda City who were determined using purposive sampling techniques. The method of data collection is to use the scale of prosocial behavior and the scale of psychological well-being. The data analysis technique used is the Pearson-Product Moment correlation statistics test. Research results show that there is a significant relationship between prosocial behavior and psychological well-being in volunteers during the covid-19 pandemic with a mean value of 0.598 > r tabel 0.195 and a significant value of 0.000 (p < 0.000) indicating a relationship with a positive direction, means the higher the prosocial behavior, the higher psychological well-being.
Keywords: Psychological Well-Being; Prosocial Behavior; Pandemic Covid-19	

ABSTRAK
Penelitian ini bertujuan untuk mengetahui hubungan antara perilaku prososial dengan kesejahteraan psikologis pada relawan di masa pandemi covid-19. Penelitian ini menggunakan pendekatan kuantitatif. Subjek dalam penelitian ini adalah 102 relawan yang aktif di masa pandemi covid-19 di Kota Samarinda yang dilakukan penentuan sampel menggunakan teknik purposive sampling. Metode pengumpulan data yang digunakan adalah menggunakan skala perilaku prososial dan skala kesejahteraan psikologis. Uji korelasi product moment dilakukan untuk menganalisis data dalam penelitian ini. Hasil penelitian antara perilaku prososial dengan kesejahteraan psikologis pada relawan di masa pandemi covid-19 menunjukkan terdapat hubungan signifikan dengan nilai r hitung 0.598 > r tabel 0.195 dan nilai sig 0.000 (p < 0.000) artinya terdapat hubungan dengan arah positif, sehingga semakin tinggi perilaku prososial, maka semakin tinggi juga kesejahteraan psikologis.

Kata kunci
Kesejahteraan Psikologis;
Perilaku Prososial;
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