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Perlunya Siswa Membangun Interaksi Sosial Agar Tidak Jenuh Belajar

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Article Info	ABSTRACT
Article history: Received Revised Accepted	The online learning system increases students' academic boredom of learning because the monotonous learning method is only fixated on gadget screens. This boredom can be overcome by good social interaction. The purpose of this research is to determine whether or not there is a relationship between social interaction and academic boredom of learning in high school students in Samarinda using a quantitative approach. Researcher using a purposive sampling technique until get 160 high school students in Samarinda who met the criteria and were willing to be involved in the research. Data collection was carried out using a measuring tool in the form of academic boredom of learning scale with a reliability score = 0.936 and a social interaction scale with a reliability score = 0.841. Through the results of the Pearson Product Moment correlation test, researchers found a negative and significant relationship between social interaction and academic boredom of learning during online learning in Senior High School students in Samarinda. That is, the higher the social interaction, the lower the academic boredom of learning of Senior High School students in Samarinda. Students will be able to achieve good academic performance because they find something fun in the learning process, namely social interaction.
Keywords: Academic boredom of learning Social interaction	ABSTRAK Kata kunci Kejenuhan belajar Interaksi sosial

Sistem pembelajaran daring mengakibatkan tingginya kejenuhan belajar pada siswa karena metode belajar yang monoton hanya terpaku pada layar gadget. Rasa jenuh tersebut dapat diatasi dengan adanya interaksi sosial yang baik. Adanya penelitian ini guna mengetahui ada atau tidaknya hubungan antara interaksi sosial dengan kejenuhan belajar pada siswa SMAN di Kota Samarinda dengan menggunakan pendekatan kuantitatif. Peneliti menggunakan teknik purposive sampling sehingga mendapatkan 160 siswa SMAN di Kota Samarinda yang memenuhi kriteria dan bersedia terlibat dalam penelitian. Penggalan data dilakukan dengan menggunakan alat ukur berupa skala kejenuhan belajar yang memiliki nilai reliabilitas = 0,936 dan skala interaksi sosial yang memiliki nilai reliabilitas = 0,841. Melalui hasil uji korelasi Pearson Product Moment, peneliti menemukan adanya hubungan yang negatif dan signifikan antara interaksi sosial dengan kejenuhan belajar selama pembelajaran daring. Artinya, semakin tinggi interaksi sosial, maka semakin rendah kejenuhan belajar pada siswa SMA Negeri di Kota Samarinda. Siswa akan mampu mencapai performa akademiknya yang baik karena menemukan hal yang menyenangkan dalam proses belajar yaitu adanya interaksi sosial.

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