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PENGALAMAN-PENGALAMAN ORANG TUA PENYANDANG AUTISME DI PUSAT LAYANAN AUTIS KOTA BONTANG
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ABSTRACT:
 Bontang is a city that is very strong in paying attention to services for autistic children among cities in East Kalimantan. There are 6 Autism Centers in this city with adequate services. In 2023, the local Health Service recorded 13 autistic children, but it is estimated that autism cases in Bontang will reach 300-150 children. The high level of autism in Bontang is thought to be the result of industrial waste which has the potential to have an impact on reducing air quality and impacting public health, so this case requires special attention from various groups. Parents with autistic children are faced with various challenges and burdens during their upbringing, being social pressures from both the family environment, the child's school and the external environment. This article describes parent experiences in caring for autistic children. In-depth interviews were conducted with 5 parents of children with autism and several therapists at a service center for autistic children in Bontang. Parents of people with autism receive special social support from related agencies, especially in the education process and therapy services at government-owned autism service centers. But in the other hand, parents experience various challenges when caring for them at home, when they have to face family pressure and the external environment.

Keywords: Autism, Parental Experience, Social Support

ABSTRAK:
 Kota Bontang sangat kuat dalam memperhatikan layanan kesehatan terhadap anak-anak autisme dibandingkan kota-kota lainnya di Kalimantan Timur. Terdapat 6 Pusat Layanan Autis di kota ini dengan layanan yang memadai. Tahun 2023, Dinas Kesehatan mencatat sebanyak 13 anak autisme, akan tetapi diperkirakan kasus autisme di Bontang mencapai sekitar 300-150 anak. Tingginya angka di Bontang diperkirakan akibat dari kegiatan industri yang berdampak pada kualitas udara dan lingkungan disekitarnya yang berpotensi menurunkan kualitas kesehatan masyarakat, sehingga kasus di Bontang ini diperkirakan sebagai akibat dari limbah industri yang memiliki dampak negatif terhadap kesehatan masyarakat. Kasus ini memerlukan perhatian khusus dari berbagai pihak, sehingga kasus ini memerlukan perhatian khusus dari berbagai pihak. Orang tua anak autisme menghadapi berbagai tantangan dan beban selama proses pengasuhan mereka, baik itu tekanan sosial dari lingkungan keluarga, sekolah dan lingkungan luar. Artikel ini menggambarkan pengalaman pengasuhan orang tua dalam merawat anak autisme. Wawancara mendalam dilakukan terhadap 5 orang tua anak autisme dan beberapa terapis di pusat layanan autis di kota Bontang. Orang tua anak autisme menerima dukungan sosial dari lembaga terkait, terutama dalam proses pendidikan dan terapi layanan di pusat layanan autis milik pemerintah. Namun di sisi lain, orang tua mengalami berbagai tantangan saat merawat mereka di rumah, saat harus menghadapi tekanan keluarga, tekanan lingkungan luar.

Kata Kunci: Autisme, Pengalaman Orang Tua, Dukungan Sosial

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