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Apakah Work Life Balance dapat Memengaruhi Kinerja Karyawan selama Work From Home pada Karyawan KPP Pratama Balikpapan Timur?

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Artikel Info	ABSTRACT
Riwayat Artikel: Penyerahan di: dd/mm/yyyy Revisi: dd/mm/yyyy Diterima: dd/mm/yyyy	This study aims to determine the effect of work life balance on employee performance during work from home. This study uses a quantitative approach. The subjects of this study were non-employees of KPP Pratama Balikpapan Timur who were selected using the technique of probability sampling. The data is collected using the employee performance scale and work life balance. The result of this study indicate that there is an influence between work life balance on employee performance 62%.
Keyword: Work Life Balance; Employee Performance.	

ABSTRAK **Kata Kunci**

Penelitian ini bertujuan untuk mengetahui pengaruh work life balance terhadap kinerja karyawan selama work from home. Work life balance, Kinerja Karyawan
Penelitian ini menggunakan metode kuantitatif. Subjek pada penelitian ini berjumlah 100 orang karyawan KPP Pratama Balikpapan Timur yang dipilih dengan menggunakan metode probabilitas atau teknik probability sampling. Pengumpulan data yang digunakan adalah dengan menggunakan skala kinerja karyawan dan work life balance. Hasil penelitian menunjukkan bahwa terdapat pengaruh antara work life balance terhadap kinerja karyawan sebanyak 62%.

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